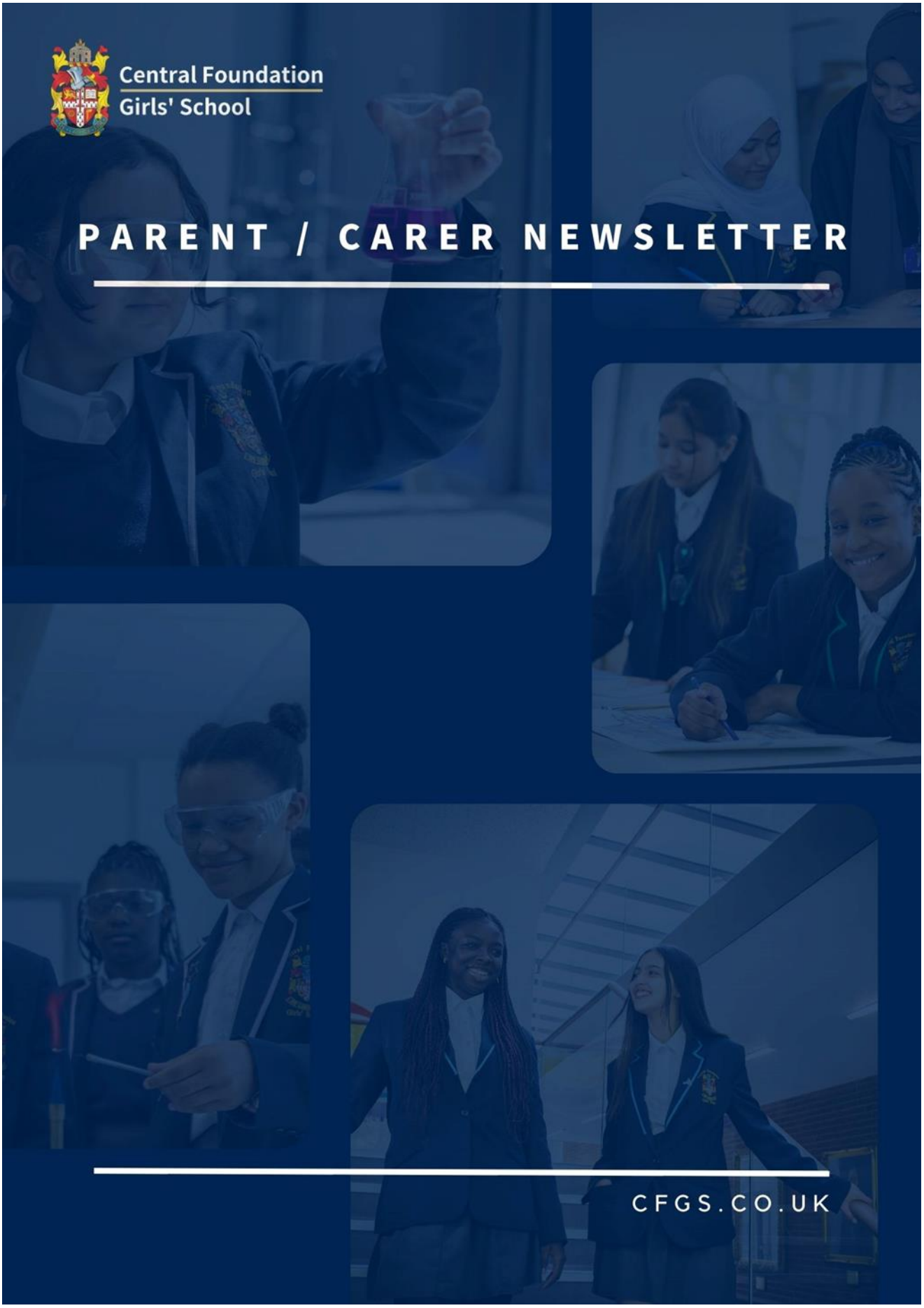
Central Foundation Girls' School

PARENT / CARER NEWSLETTER



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Central Foundation Girls' School

Dear Parents and Carers,

I hope this edition of the newsletter finds you and your families safe and well.

Our Year 11 and Year 13 students' public examinations are well underway, and I couldn't be prouder of how our students are conducting themselves. They are truly showing the best versions of themselves by arriving punctually and coming fully prepared for each examination. This level of maturity and professionalism reflects not only their hard work but also the excellent support they receive at home. We deeply appreciate all the encouragement, practical help and understanding you are providing to your daughters during this crucial period. Your partnership with us makes such a difference to their success and wellbeing.

More positive news to share is that Central Foundation Girls' School has been recognised as a parent-friendly school. This is an award that we celebrate with you, our families, because it truly reflects how we work together in partnership for the best interests of our young people. This recognition acknowledges the strong, collaborative relationships we have built with our parent community and the positive impact this has on our students' experiences and outcomes. Thank you for being such engaged and supportive partners in your daughters' education – this award belongs to all of us.

Our 300th Anniversary Year

As we look ahead to the next academic year, we are incredibly excited because 2026-2027 marks a real milestone for our school – Central Foundation Girls' School's 300th anniversary year. This is a momentous occasion in our school's history, and we are planning some fun and memorable activities for our students and the whole CFGS community to celebrate this special achievement.

Please look out for further details about how you can be involved in this significant anniversary. We want this to be a year of celebration that brings our entire community together.

With very best wishes,

Calm Prince

Ms C. Prince
Headteacher

We’re delighted to share that Central Foundation Girls’ School has been awarded a Parent-Friendly Schools Standard Award.

We’re looking forward to working in continued partnerships with our families to see if we can go further and achieve Silver Standard next year!

Central Essential and Central Skills Summer Term 1 focus

At CFGS, we transform lives through a Central education. This education ensures your daughter is equipped with the knowledge, skills and personal qualities needed to live a successful life beyond her school years.

Our Central Essentials nurture the personal qualities of our students. At CFGS, we are and .

We also have and are to each other. That is who we are.

Our Central Skills develop the tools needed for learning and progressing in the world of work. We upskill our students to **adapt** to new environments, **communicate** effectively, have **analytical thinking** skills, be **problem solvers** and be **curious and creative**.

Every lesson we aim to reward students that have demonstrated Central Essentials or Central Skills.

Our half term focus will be rewarding students for being **ambitious** and demonstrating their **adaptability** skills.

What is my daughter learning in Summer Term 2?

To support your daughters with what they are learning this half term, please take a look at the topics being taught this half term. The Summer term brings new topics across their subjects. To support them, please look at what they will be learning below.

SUM 2 Y7 Curriculum Content Map Y7 Summer HT2

SUM 2 Y8 Curriculum Content Map Y8 Summer HT 2

SUM 3 Y9 Curriculum_Content_Map_Y9_Summer_HT2.pdf

You will notice the 'Central Canon' texts for many subjects. This is an opportunity for you to extend your child's learning through reading texts related to their learning this half term. Why not take the opportunity to ask for one of these books in your library or read one of the online texts with your child?

For Years 10-13, please see individual subject pages for an overview of the topics that are covered:
CFGS Subject pages

National Year of Reading: Top Tips for parents

The National Year of Reading 2026 is a UK wide campaign designed to help more people rediscover the joy of reading. **Click on the video below to see what it's all about**

Whether your child is a keen or reluctant reader, the tips below can help you encourage a lifelong love of reading.

📚 Build a Love of Reading

- 🎯 **Link reading to interests** – Choose books connected to your child's hobbies to make reading enjoyable.
- 🚫 **Avoid pressure** – Don't force reading, as it can create negative associations.

📱 Make Reading Flexible

- 📖 **Any format counts** – Books, e-books, magazines, and fanfiction all help build a reading habit.
- 👩‍👧 **Read together** – Shared reading (even digitally) can be motivating.

🎥 Engage Through Authors & Events

- 🎤 **Watch author events** – They inspire interest and give insight into books and writing.
- 🛋️ **Make it social** – Watching together can spark conversations about reading.

📕 Choose the Right Books

- 🎬 **Start with familiar themes** – Look for books based on favourite films, games, or TV shows.
- 🧭 **Let them choose** – Guide gently, but give them control over what they read.
- 📚 **Ask experts** – Librarians and booksellers can recommend great options.

💬 Make Reading Social

- 🗣️ **Talk about books** – Share what you're reading to show its value.
- 🌍 **Join communities** – Use platforms like Goodreads or #BookTok for discussions.
- 👥 **Encourage peer sharing** – Book clubs or friends can make reading more fun.

⏳ Be Patient

- 🌈 **There's something for everyone** – From comics to non-fiction, every child can find the right fit.
- ❤️‍🩹 **Go at their pace** – Interest grows naturally when reading feels enjoyable.

Parent events

Coffee mornings, tours of the school and parent workshops were all held in Summer Term 1. We have further exciting opportunities available to our parent and carer community.
Please look for posters and emails from our Parent Outreach Worker, Mrs Khanam.
For information about the events below, or to access further support, please email our Parent Outreach Worker: parentoutreach@central.towerhamlets.sch.uk

Important Year group dates

Year group	Event	Date and time
Year 7	Y7 Coffee Morning	Monday 15th June 9.00-10.45am
Year 8		
Year 9	Y9 SEND coffee morning	Thursday 18th June 9.30 – 10.30am
Year 10		
Year 11	GCSE examinations Y11 Prom	From Thursday 7th May – Friday 26 June Thursday 16th July
Year 12		
Year 13	Public examinations	From Monday 11th May – Friday 26 June
All year groups	Substance Misuse Awareness parent workshop Understanding Online Harm parent workshop Stronger Together: How connected families support child mental health	Tuesday 2nd June 9.30 – 11.30am Tuesday 9th June 9.30 – 11.30am Tuesday 16th June 9.30 – 11.30am

Upcoming student events

Year group	Events	Date and time
Year 7	Summer concert performance	Tuesday 23rd June
Year 8	V&A Innovate Trip Summer concert performance	Friday 12th June Monday 22nd June
Year 9	Slambassadors Spoken Word Workshop Summer concert performance	Thursday 4th and Friday 5th June Tuesday 23rd June
Year 10	Slambassadors Spoken Word Workshop Practice job interviews Charity Fair Summer concert performance Paris trip	Thursday 4th and Friday 5th June Wednesday 10th June Wednesday 17th June Wednesday 24th June Thursday 16th July
Mixed year groups	ABBA Voyage trip UNLOC Student Leadership Training Day Award Ceremony Sports Day Innovation Days	Wednesday 3rd June Monday 15th June Thursday 9th July Friday 17th July Monday 20th July and Tuesday 21st July

Parent consultation evenings

Our parent consultations remain face to face for this year. We really look forward to these evenings as it is a great way to speak to your daughters' subject teachers and gain understanding on how best to support your daughter academically. Below are the dates for the parent evenings for this academic year.

Year 7	Thursday 18th June 2026	4:00pm to 6:15pm

Useful resources

Information on ways young people can cope with exam stress:
How to deal with exam stress | Student
Exam Stress | How To Deal with Exam Stress | YoungMinds

Online safety: How to guides to apps that help parents make sure their children are safe online and not spending too much time on their phones.

Family link. How to guide.pdf

Qustodio how to guide.pdf

Term Dates 2026-27

Please note the dates below for your information. As is customary at CFGS, we have a two-week autumn half term break.

Autumn Term 2026	Spring Term 2027	Summer Term 2027
From: Tuesday 1st September To: Friday 18th December **2 Week Half Term Holiday: Monday 19th October to Friday 30th October** **Christmas Holiday: Monday 21st December to Friday 1st January**	From: Monday 4th January To: Thursday 25th March **Half Term Holiday: Monday 15th February to Friday 19th February** **Easter Holiday: Friday 26th March to Friday 9th April**	From: Monday 12th April To: Friday 23rd July **Half Term Holiday: Monday 31st May to Friday 4th June** **Summer Holiday begins Monday 26th July**

School Closure Days 2026-27
INSET Day (school closed to students) • Tuesday 1st September **Bank Holidays** • Friday 26th March – Good Friday • Monday 29th March – Easter Monday • Monday 3rd May • Monday 31st May **Eid Al-Fitr** 8th March/ 9th March 2027 TBC **Eid Al-Adha** 16th/ 17th May 2027 TBC

Useful contacts

We value our partnership with parents and as such we have made it easy for you to communicate with heads of departments and year groups.

To access their contact details, please visit our website. Scroll down to the bottom and expand the category you require. Link to contacting us: https://www.cfgs.co.uk/Contact/Contact-Us/

Social media

Stay connected with what's happening at CFGS!

We regularly share live updates on the activities of our students, staff, and wider school community. To keep up with your daughter's learning and how you can get involved.

Click below to follow us on social media.
https://linktr.ee/centralfoundationgirlsschool