Central Foundation Girls' School
Transforming lives through a Central Education

Headteacher: Ms C. Prince
25-33 Bow Road, London, E3 2AE
Tel: 020 8981 1131
Email: welcome@central.towerhamlets.sch.uk
cfgs.co.uk

24th September 2026

Dear Parents/Carers,

Governing Body for Central Foundation Girls' School
Election for 1 Parent Governor

The governing body has 1 vacancy for a parent governor. We are requesting nominations from parents to fill this vacancy.

If you wish to put yourself forward for election, please complete and return a nomination form. Paper copies are available on request from Student and Parent Reception. Alternatively, you may email the PA to the Headteacher, Ms Clarke at cyclarke@central.towerhamlets.sch.uk to receive an electronic copy. Nomination forms should be completed, signed and returned to the Headteacher **no later than 9.00am on Monday 12th October 2026**, along with an accompanying personal statement of no more than 150 words**.**

Please note that if you are employed in the school for more than 500 hours per academic year you are not eligible to stand for election as a Parent Governor.

Outlined below is some general information on the role of a Parent Governor.

1. Governing Bodies play a vital role in the management of their schools, as well as being a crucial link between the school and the local community. Becoming a governor is your chance to bring the views and experience of a parent to bear directly on the education being offered in your child's school. It is especially useful to have a variety of outlooks reflective of our multi-cultural society.

2. The Governing Body works closely with the Headteacher to achieve high standards for all your children, building on the borough's reputation for academic excellence and care for the individual child.

3. Being a governor is a responsible and sometimes time-consuming job. To help you make a decision, you may wish to speak to a current governor or to the Headteacher. The following specific points may be helpful to you.

4. An election is held whenever a Parent Governor's term of office expires, or a vacancy occurs through resignation.

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5. Ballots are only necessary when there are more nominations than places available. These are secret ballots for which voting forms are provided.

6. There are certain regulations, which disqualify candidates from becoming governors. These relate specifically to bankruptcy or criminal offence.

   The School Governance (Constitution) (England) Regulations 2012 state that a person is disqualified from becoming a parent governor if they are an elected member of the LA or work at the school for more than 500 hours a year (at the time of their appointment).

7. In addition to Parent Governors, who are elected by other parents whose children attend the same school as their own, there are other categories of governor:
   - LA Governor – appointed by the Council;
   - Staff Governor – elected by teaching/non-teaching staff;
   - Community Governor – appointed by members of the Governing Body;
   - Foundation Governor
   - Headteacher Governor.

8. The term of office is currently 4 years.

9. Governors should get to know their schools on a first-hand basis; will make decisions corporately which will influence and shape children's education; and, through their commitment, experience and skills, help schools to develop.

10. The kind of decisions that governors make will include the following: agreeing educational priorities with the Headteacher and the staff; deciding how the school budget should be allocated; sharing with the Headteacher and the staff responsibility for the school's curriculum; approving school policies; appointing school staff; preparing an annual report and holding a meeting with parents to discuss it.

11. Governors are expected to give up some time to the following: Attending meetings of the Governing Body at least once a term; reading papers in preparation for these meetings; taking part in committee meetings or appointments panels from time to time; attending school functions; attending training sessions.

12. The LA has a comprehensive programme of support and development for governors, which can be accessed through Governor Services.

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13. Being a governor is an opportunity to have direct involvement in your child's school; personal development and mental stimulation; the satisfaction of being part of a dedicated team; the opportunity to meet new people; interesting and rewarding work; fulfilment from helping young people.

14. If you are interested in becoming a governor you should complete the nomination form and find two other parents of children at your child's school to propose and second your application. Prepare a brief profile of **not more than 150 words** explaining why you wish to become a governor. This might include the following: why you think you are a suitable candidate; any interests which are relevant to your application; details of your job or any voluntary work you are involved in; any links with or current involvement in education; any other experience which you think is applicable.

Should you require any further information in considering whether or not you wish to stand for election, please do not hesitate to contact The Education Space on 020 8249 6900.

Please return your signed nomination form and your personal statement by no later than 9.00am on Monday 12th October 2026. You may return your completed documents either via email to Ms Clarke, the Headteacher's PA at cyclarke@central.towerhamlets.sch.uk, post to the school address ensuring delivery by the deadline, or hand deliver to Student or Parent Reception in a sealed envelope addressed to the Headteacher.

Yours sincerely,

Ms C. Prince

Headteacher

on behalf of the Director of Children's Service

The Access Project · Rights Respecting Schools unicef · Healthy Schools London · The Quality in Careers Standard · Artsmark Gold Award Awarded by Arts Council England · Parent-friendly schools · SSAT Educational Outcomes Awards 2025 · International School Award 2025–28